



SAUNA HERBAL CUP

Relax centrum Kolštejn 2015

Grand prix for the Sauna Essences Cup 27 November – 29 November 2015
Held within the SaunaFest Tour

Dear sauna masters, sauna lovers, and devotees of healthy lifestyle,

You are cordially invited to participate in a continuation of the successful project SaunaFest Tour in the Czech Republic. In autumn 2015, SaunaFest Tour is going for the second time to be hosted in the Jeseníky Mountains, in Relax center Kolštejn. This facility renowned for its Celtic overtone and unique approach to details, natural materials, and herbs is, together with a Czech Wellness Association, hosting a unique sauna-associated project – Sauna Herbal Cup, subtitled Grand prix for the Sauna Essences Cup.

In the Czech Republic, in last five years there can be seen a rapidly growing interest in what may be called 'an experimental sauna'. Sauna masters and sauna and wellness facilities managers in the Czech Republic are quickly gaining experience in this new phenomenon and would like to present you their expanding skills.

The emphasis on natural ingredients, essences and herbs presents a considerable challenge even for an experienced sauna master. Therefore we believe that your participation would be of great personal benefit. We would be greatly pleased if you would accept our invitation and honour us as well as the visitors of Relax center Kolštejn with your presence amongst the competing sauna masters. By competing with other European sauna masters, we believe you can push your skill limits a little further and higher. The three-day, interesting, fun and educational agenda will surely attract you not only owing to the place itself or the concept of the competition and friendly, almost family background but also because of the new view on the work of sauna masters.

The subject of the competition is natural essences and self-prepared mixtures from natural ingredients. Your personal technique and the style of your performance will be also taken in regard. Sauna with a capacity of approximately 25 persons, with lighting and sound system that meets the conditions for the realization of smaller sauna ceremonies, will be prepared at your disposal. The dimensions of the sauna are: width 430 cm, length 340 cm, height 260 cm.

Your participation will be rewarded not only with warm feeling from the beauty of the Relax center Kolštejn, but also with special products from a brewery that Relax center Kolštejn successfully operates, and above all with the experience which a gathering with other sauna masters offers. The starting position is the same for all. Will you become the best sauna master of the Sauna Herbal Cup 2015?

- ✓ **Accommodation expense for competitor (including breakfast and dinner) is paid by the event organizer**
- ✓ **Entry fee for the competition is 30 Euros**
- ✓ **Participants will compete for beautiful trophies and nice prizes!**

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<http://www.vitalni-svet.cz> - <http://www.saunafest.cz>
<http://www.facebook.com/kolstejn> - <http://www.facebook.com/SaunaFestChampionship>